

**FOR IMMEDIATE RELEASE**

Castle Peak Publishing

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**SECRETS TO A BETTER MARRIAGE**

Self-Hypnosis can help you communicate with your partner in a clearer, more loving, and rational way. This will result in a marriage of BLISS, not BLAST.

Dr. Tim Hall, author of *Uproot Your Past, Nourish Your Present, Enhance Your Future Through Self-Hypnosis*, says: "If you are able to release your past "baggage", you have room to create new and wonderful memories. If you don't, you may end up dredging up the past and throwing it in your partner's face!"

Self- hypnosis can help you clean up your past issues, control anger and rage, create a loving environment, and learn how to cherish your partner.

Dr. Hall's reference guide has everything you need to know to change your life. He explains in detail the way we are all emotionally and psychologically wired. He gives tons of examples, and even gives us exercises to do that will result in changes, right NOW!

Dr. Tim Hall is a fascinating and thrilling person to interview. His topic is a favourite among today's audiences and readers.

If you would like more information, or to book Dr. Hall for an interview, please contact us at:

403-289-2651 OR e-mail us at [tim@drtimhall.com](mailto:tim@drtimhall.com).

**We would be happy to send you a promo package with FAQ, a newspaper review, and a book, upon request.**

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